

## Sidmouth to Weston Mouth and The Donkey Sanctuary

Grade: Moderate | Distance: 12.0 km / 7.5 miles | Time: About 3 hr 50 min | Ascent: 448 m

Start: Bedford Lawn car park, EX10 8NS



— Route (direction arrows every 1 km) S Start and finish

### Route outline

1. From Bedford Lawn car park, head east along the Esplanade and cross the River Sid at the Alma footbridge.
2. Follow the South West Coast Path east over Salcombe Hill and past the high red cliffs.
3. Above Weston Mouth, turn inland up the valley to The Donkey Sanctuary (free entry, café).
4. Return west across fields to Salcombe Regis and Soldier's Hill.
5. Drop into the Sid valley and walk back through The Byes riverside park to the seafront.

### Before you go

Ups and downs on the Coast Path, easier on the return. Seven stiles. Refreshments in Sidmouth and at The Donkey Sanctuary. Carry OS Explorer 115 (Exmouth and Sidmouth), wear boots with good grip, keep back from cliff edges and follow any signed path diversions.

Full route details: [OS Maps route 4206753 \(Country Walking magazine\)](#)